2013 OAHPERD CONVENTION PROGRAM
October 7-8, 2013
Nigh University Conference Center
University of Central Oklahoma

Monday, October 7, 2013

Registration Opens at 8:00 am in Nigh University Center Ballroom B

Visit the Exhibit Hall from 9:00-3:00 in Nigh University Center Ballroom B

9:00-3:00
From Good to Great: How to train athletes to maximize their potential
Let’s Get Active: Sections 1: How to warm-up and achieve optimal flexibility. Section 2: If you aim at nothing you will hit it every time: How to measure performance and athletic ability to set goals. Section 3: Plan your work and work your plan: How to design a training program to increase performance and decrease injury risk.
Room: Wantland Gymnasium
Presenter: Jason West, University of Tulsa

9:00-12:00
Get on the Bus and Take TENNIS to SCHOOL
When you bring tennis into your school, whether you work in the elementary, middle or high school level, the benefits transcend the boundaries on the court. Now bringing tennis to your school is easier than ever, with the following resources the USTA offers to help grow tennis involvement among school-aged children: training, curriculum, equipment assistance, staff support, and coach recognition.
Presenter: Laura Puryear, USTA Tennis Service Representative for Oklahoma
Room: Nigh University Center Ballroom A
9:00-11:00

**Share the Wealth Applications to Benefit Health Part I**
Please turn your cell phone “ON” when entering the classroom. Bring your cell phone, IPad, tablet, or laptop and participate in an interactive exploring Health APPS that can be utilized in and out of the classroom.
Presenters: Samantha Beams-Summers, University of Tulsa, Dee Gerlach, NSU, and Tia Bennett, NSU
Room: Nigh University Center 314

9:00-11:00

**Paralympic Sit-Volleyball**
Members of the US Paralympic Sit Volleyball team will discuss their training and events.
Presenter: Elliott Blake and J.D. Marinko, US Paralympic Sit Volleyball Team
Room: Nigh University Center Ballroom C

9:00-11:00

**Race on Foot Expedition….UCO style!**
Teams of two solve clues which will take them to different locations to complete a task or take a picture. There is not a set course; teams will find their own way, traveling on foot only. Dress comfortably; bring a teammate, cell phone, camera, a little cash, pen and a sense of adventure. The 1st-3rd place teams will each receive a $50 gift certificate from US Games.
Presenters: Jason Hasty, Putnam City Schools; Dana Chambers, Newcastle Schools; and, Lanae Goucher, El Reno Schools.
Room: Wantland Hall Gymnasium

9:00-12:00

**Outdoor Recreation Activities**
This session will provide participants with exposure to a variety of outdoor education/recreation activities that can be utilized in a physical education classroom or as part of a recreation program. This interactive session will include exposure to map and compass challenges, slack lining, indo-boards, cooperative games, and other activities for recreational professionals.
Presenters: Jerel Cowan and UCO Students
Room: Lake Arcadia Boathouse
11:00-11:50

**Healthy Eating and Good Nutrition: What Does it Encompass and Why Is It Important?**
This session will explore the various aspects of creating a healthy eating culture in school, including all of the places where food comes into play and why it is important to ensure the healthy eating message is conveyed throughout the school building- not just in the cafeteria. It will also detail the important role that good nutrition plays in fueling the mind and body, as well as the role it plays in academic achievement. Learn about the Alliance for a Healthier Generation’s School Meals and Competitive Foods and Beverages guidelines and how they can help you get ahead of the curve.
Presenter: Jill Turley, MS, RD/LD, SNS, Alliance for a Healthier Generation
Room: Nigh University Center 300

11:50- 1:00

**Lunch on Your Own  (A list of restaurants is included in the program book)**
1:00-3:30

**Panel Discussion: Current Status of Physical Education in Oklahoma**
Panel of Physical Educator Leaders in Oklahoma will lead a Q&A and discussion around the status of physical education in regard to TLE, Common Core State Standards and new National and State PE standards.
Presenters: Denise Douglas, Yukon Schools and, Stephanie Canada-Phillips, University of Central Oklahoma
Room: Nigh University Center 314

1:00-3:00

**Small Sided, Short Timed Games!**
This very active session will have participants involved in small-sided games with high-energy expenditure, total team involvement, tactical decision-making and opportunities to use skill and strategies. Small-sided games offer teachers and students time to develop team strategy meetings, fast re-starts, offense and defense, and game skills. This is not your typical 3 on 3 all play at once games. These are the NJ Lake Conference evening event specials. The highlight of each day played at midnight in New Jersey. Great games for small areas with large groups of students!
Games to be offered: Tchoukball, Team Handball, Volleyball, Floor Hockey. Soccer, Striker, Football, Noodle Hockey.
Presenter: John L. Smith, NASPE National Elementary Physical Education Teacher of the Year
Room: Nigh University Center Ballroom A
1:00-3:00

**It’s the Little Things That Count**
This is an active participation session presenting ideas on individualizing your lessons and instruction using small pieces of equipment. The equipment will enhance your physical education and recreation programs leading to a greater learning potential environment. Innovative equipment, small group activities and unique small equipment that create individual learning experiences will be presented in this session. We will be using bean bags, Thera-Bands, pizzas, Little Shakers, timer Tops, dice, Launchers, Hoops, Noodle bits and much more.

Presenter: John L. Smith, NASPE National Elementary Physical Education Teacher of the Year

Room: Nigh University Center Ballroom A

1:00-4:00

**Strategies to Start or Improve Your Jump Rope for Heart Event**
We will share all the resources that you will need to start or improve your JRFH event in this lecture/activity presentation! Curriculum materials, donation collection possibilities and a variety of event formats will be discussed with time for your questions. Several experienced presenters, from large and small districts, from around the state will share their successful strategies and tips. Come and see what your Event can be!

Presenters: Jennifer Jones, Youth Market Director-Coordinator for the American Heart Association, Brandy Miller, AHA Eastern OK Youth Market Director, and Beth Moakley, OKC Public Schools.

Room: Nigh University Center Ballroom C

1:00-1:50

**Kids Can Be Stroke Heroes- Act Fast**
This session will provide short, simple, practical lesson plans and resources for stroke awareness for students of all ages and teachers. Every minute matters in stroke recognition.

Presenter: Mary Pinzon, RN, CPE, M.Ed., Integris Stroke Centers

Room: Nigh University Center 300

2:00-2:50

**LIVESTRONG at the YMCA: An Exercise Program for Cancer Survivors**
LIVESTRONG at the YMCA is a 12-week program for Cancer Survivors that goes beyond just exercise by supporting participants through spirit, mind, and body.

Presenter: Emily Bounds, University of Central Oklahoma

Room: Nigh University Center 300
1:00-3:00

Wilderness Survival
An overview of theory and practice of survival/primitive living in remote, wilderness settings. Topics include edible plants, shelter building, bow and drill construction/fire starting, and implement construction.
Presenter: Ryan Haggard, SWOSU
Room: Lake Arcadia Boathouse

2:00-3:15

Addressing the Challenge of Assessing Skill and Fitness Competence of Future Professionals
Universities must meet National Standards for Initial Physical Education Teacher Education programs. Standard 2 addresses demonstration of competent movement performance and health enhancing fitness. This can be a challenge for Teacher Education Programs. This session will discuss this challenge and share how one university works to help candidates to meet the standard.
Presenter: Sandra Sims, SDAAHPERD President, University of Alabama-Birmingham
Room: Nigh University Center 304

3:30-4:45

“How the Changing Landscape of Education in Oklahoma is Impacting PETE, Health, Recreation/Leisure and Exercise Science Programs”
Higher Education Meeting
An outstanding panel of Oklahoma educators will discuss the constant changing landscape of education including K-12 and Higher Education and the impact these changes have on our disciplines.
Presenters: Pamela Fry, Provost, Oklahoma State University; Steve Lohman, Executive Vice President, Northwestern State University; John McArthur, President, Cameron University; Dexter Marble, Vice President for Academic Affairs, USAO
Facilitator: Vanessa Anton, Associate Dean, Northeastern State University.
Room: Nigh University Center 300
5:00-6:30
OAHPERD Honors and Awards Reception (Open Invitation)
Facilitator: Bob Christenson, OAHPERD President
Room: Nigh University Center 326

9:00-4:00
ACSM Workshop (Additional $129 fee)
http://fitnessednet.com/ceu_schedule.htm
Room: NUC 301
Presenters: ACSM Trainers

Tuesday, October 8

Registration Opens at 7:00 am in Nigh University Ballroom B

Visit the Exhibit Hall beginning at 8:00-4:00 in Nigh University Ballroom B

8:00-8:50
Share the Wealth Applications to Benefit Health Part II
Activity based applications for health education connections to health promotion and disease prevention. Focus will be placed on physical activity, healthy body weight, energy expenditure, eating choices and fitness. FIT or fat-Application strategies to practice health-enhancing behaviors. Attendance in Part I is not necessary for Part II.
Presenters: Samantha Beams-Summers, University of Tulsa, Dee Gerlach, and Tia Bennett, NSU, and Dianna Pots, Tulsa Public Schools
Room: Nigh University Center 314
8:00-8:50

**Play Well with Others! Be Active Against Bullying**
This activity session will present games and activities with a connection to the bullying awareness and prevention programs being created across the country. Let’s Be Active Against Bullying combines games/activities and a curriculum that teaches kids to work together, cooperate and use physical activity to set the standard for bullying awareness programs in our schools and other organizations.
Presenter: John L. Smith, NASPE National Elementary Physical Education Teacher of the Year
Room: Nigh University Center Ballroom A

8:00-8:50

**Classical Line Dance Through the Ages: Strategies for Using Line Dances in Your Physical Fitness Program**
A Fitness, Health and Dance Program designed for grade 6-Adults or Beginners through advanced level of dance. It is designed to help teachers, and participants to set up fitness program that they can participate in while using classical line dances. They will use classical line dances and other popular exercise movements that will be selected to help build and strengthen different parts of the body.
Presenter: Ollie Mae Ray, Siddall and Ray Foundation, Inc.
Room: Nigh University Center Ballroom C

8:00-8:50

**Fuel Up to Play 60 Success Stories**
Fuel Up to Play 60 responds to real-world needs in today’s schools with wellness tools that complement- not compete with- the academic-focused environment. The program supports national health, nutrition and physical education/physical activity guidelines and standards, and helps schools meet their wellness goals, supporting a Coordinated School Health approach. Fuel Up to Play 60 can complement and enhance existing programs with additional resources, tools, rewards, and incentives for students, adult program advisers and the school.
Presenter: Macey Fitzgerald, MS, RD/LD Dairy Max, Inc.
Room: Nigh University Center 300

8:00-8:50

**Biomechanics on a Budget**
This presentation will focus on providing new and existing teachers with free software to teach Biomechanics and make it fun for the students.
Presenter: Vanessa Fiaud, West Texas A&M University
Room: Nigh University Center 301
8:00-8:50
“Processed Based Coaching”
“Just Win, Baby! We play the game to be successful and many coaches are redefining success and shifting the focus to those things that are truly controllable; and the scoreboard is not one of them! Learn about the tools your players can use to enhance their game performance.”
Presenter: Jim Bonfiglio, Casady Schools
Room: Nigh University Center 304

8:00-8:50
A Practical Method for Determining Muscular Strength in Adolescents Over Time
An overview of how to easily and accurately assess muscular strength and endurance in elementary and middle school students in a physical education environment.
Presenters: Andrew Bodden and Timothy Baghurst, Oklahoma State University
Room: Nigh University Center 320B

8:00-8:50
Why Do Oklahomans Ride Horses for Leisure?
Oklahoma equestrians completed the Sport Motivation Scales (original and revised), allowing analysis using self-determination theory as well as comparison of the two scales.
Presenter: Shelly Mitchell, OSU
Room: Nigh University Center 320C

9:00-10:20
General Session
Introduction of 2013 OAHPERD Award Recipients; introduction of the 2013-2014 OAHPERD Board and Council members; Executive Director’s Annual Report; and 2013-2014 OAHPERD initiatives will be shared by President-elect Stephanie Canada-Phillips.
Facilitators: Bob Christenson, OAHPERD President and Stephanie Canada-Phillips, OAHPERD President-elect
Room: Nigh University Center 200 Constitution Hall
10:30-Noon

**OAHPERD Research Poster Presentations**
Stop by and review the various research studies conducted by OAHPERD members during the past year. The posters are located in front of the NUC Ballrooms on the 3rd floor.
facilitator: Jan Drummond
Room: Front of the Ballrooms on 3rd floor

10:30-11:20

**Fitness Fun with Heart Rate Monitors**
Participants will enjoy games and activities that teach Diabetes Prevention, Disease Prevention, Nutrition Education, and fun games that will increase the heart rate. This session will offer Polar Heart Rate Monitors to measure the intensity level of the activities. So come join us and be ready to meet new people and learn how to have a healthy and more active lifestyles.
Presenters: Duane Meadows, Kimberlee Little, Taylor Thompson, and William Fixico, Muscogee (Creek) Nation Diabetes Prevention Program
Room: Wantland Hall Gymnasium

10:30-11:20

**Holiday Integrated Extravaganza**
We will take you through fall, winter and spring holidays incorporating the Common Core every step of the way!
Presenters: Susan Lalman, Morrison Schools and Heather Mastin, Stillwater Schools
Room: HPE Building Room 204

10:30-11:20

**Your First Year Teaching CAN be Great!**
A presentation of first year physical education teaching experiences by new and seasoned physical educators, followed by a question and answer period for those about to begin their teaching careers.
Presenters: Beth Moakley and Linda Luther, OKC Schools
Room: Nigh University Center 314
10:30-11:20
**Fit at Every Level-Articulated PE**
Participants will see how the articulation of fitness content can be accomplished throughout all grade levels in this activity-based session. They will learn how to introduce fitness concepts at the primary level, expand that knowledge at the upper elementary level, blend in the FITT Principal and utilize training principals to maximize their students’ personal fitness. Participants will learn how to help students gain the base-level knowledge of the importance of fitness, how the five components of fitness apply to their everyday lives, how to improve and maintain a healthy lifestyle and to challenge them to take responsibility for their personal fitness all through activities rather than lecture.
Presenter: Jabet Wheeler, Focused Fitness
Room: Nigh University Center Ballroom A

10:30-11:20
**Partners in Dance and Sports**
This session will help you understand how dance and sports fundamentals can work together as one in a physical education program. The focus for this activity experience will be to include the elements of balance, speed, rhythm, and agility as you challenge students to strengthen their cognitive confidence during lessons. The presenters will demonstrate how to integrate a variety of different skills in your lessons while including rhythms, dance and music into your instruction. This added dimension will enhance the time-on-task when participating in sport-skills activities and will fortify the teaching-learning process during activity. Through your openness it will allow a safe emotional environment for your students to experience a new healthy lifestyle.
Presenter: Sarah Gladden and OSU Physical Education Teacher Education Majors
Room: Nigh University Center Ballroom C

10:30-11:20
**The i-Pad and Physical Education**
A multitude of ways to use the i-Pad in your physical education class will be presented along with a list of apps and how to use them.
Presenters: Susan McLemore, UCO and Mark Jones, East Central University
Room: Nigh University Center 300
10:30-11:20
**The Biggest User: A Collegiate Wellness Intervention Program**
We will describe the implementation of the OSU Biggest User program, which is a wellness initiative to generate student interest in the campus fitness center programs and classes.
Presenters: John Sellers, Timothy Baghurst, Jennifer Volberding, Theresa Brown, and Kathleen Olson, OSU
Room: Nigh University Center 304

10:30-11:20
**Put Down the XBox and Let’s Go Outside**
This session will explore the many things that Oklahoma State Parks has to offer. The younger generation today is stuck behind a keyboard, joy stick, or some other gaming device, and missing out on exploring what the Great State of Oklahoma has to offer. At the same time, we want to change the mind set of parents so they too will come explore the great outdoors.
Presenters: Greg Snider and Keli Clark, Oklahoma Department of Tourism and Recreation, Division of State Parks
Room: Nigh University Center 312

10:30-11:20
**Mechanisms of Lower Extremity Injuries for Youth/Young Adult Females**
Lower extremity injuries are more prevalent in females than males, because of this, appropriate exercise techniques may off-set this trend.
Presenters: Eric Conchola and Ryan Thiele, OSU
Room: Nigh University Center 320B

11:30-12:20
**Being an Advocate for Let’s Move! Active Schools: From the Future Professionals Perspective**
Future professionals in Health Education and Physical Education are important pieces of the wellness advocacy puzzle. What role can they play in the national *Let’s Move! Active Schools* campaign? In particular, how can future professionals encourage children to become more active before, during and after school?
Presenter: Sandra Sims, SDAAHPERD President, University of Alabama-Birmingham
Room: Nigh University Center 300
11:30-12:20

**High Velocity Resistance Training for Older Adults**
Muscular power declines as we age. Evidence has shown participating in high velocity resistance training can improve muscular power in older adults.
Presenter: Simon Smith and Jamie Aweau, UCO
Room: Nigh University Center 312

11:30-12:20

**The Body/Brain Connection-From 100% Failing to 100% Passing EOI’s in an Action Based Learning Physical Education Class**
Learn how a cardio-based Physical Education class, linked to a Math or Reading class, can improve test scores for students on state-mandated remediation plans. This session will briefly explain a learning readiness-type philosophy as well as the nuts and bolts of implementation.
Presenters: Heather Weilacher - Algebra I/Pre-AP Algebra II teacher at Jenks Freshman Academy; Rebbie Wale - Reading Composition/AVID teacher at Jenks Freshman Academy; Suzanne Cyrus Physical Educator at Jenks Freshman Academy/Jenks West Elementary
Room: Nigh University Center 304

11:30-12:20

**Using the Jump Rope for Heart Curriculum**
You can integrate the Jump Rope for Heart curriculum into your classroom many different ways. These teachers will give you some great suggestions and answer questions you may have. The Jump Rope for Heart-Healthy curriculum has components that can help with the new state evaluation systems. These components will help show student growth, an integral part of the new evaluations.
Presenters: Jennifer Jones, Youth Market Director-Coordinator for the American Heart Association, Brandy Miller, AHA Eastern OK Youth Market Director, and Denise Douglas, Yukon Public Schools
Room: Nigh University Center Ballroom A

11:30-12:20

**Exergaming for All Ages**
This session will introduce the definition of exergames and its effectiveness based on recent studies. The majority of the session will be spent rotating to a variety of different exergaming stations.
Presenters: Yoonsin Oh, Stephanie Boss and Cameron University majors
Room: Nigh University Center Ballroom C
11:30-12:20

“Sport Stacking with Speed Stacks: Teaching Techniques for the 3-3, 3-6-3, and Cycle Stacks!”
Learn the proper Sport Stacking teaching techniques for the 3-3, 3-6-3, and Cycle Stacks.
Receive a FREE set of Speed Stacks and Instructional DVD.
Presenter: Liz Daniels, Tulsa University
Room: Wantland Hall Gymnasium

11:30-12:20

Tips for Successful Interviewing
Interviewing for jobs can be stressful and frustrating. So what can you do to create the right image and put your best foot forward? This presentation will consist of a panel of professionals discussing do’s and don’ts of interviewing. Audience participation is encouraged.
Presenters: Trey Cone and Jerel Cowan, UCO and Tia Bennett, NSU
Room: Nigh University Center 301

11:30-12:20

Adventure Programming for Adjudicated and Incarcerated Youth in Oklahoma
Presentation is designed to provide the participant with an insight into the adventure, education and therapeutic programming associated with Southwestern’s adjudicated program in Oklahoma.
Presenters: Ken Rose, David Rose, and Dustin Jarnigan, SWOSU
Room: Nigh University Center 320B

11:30-12:20

The Physical Effects of a Wrestling Season on Competitive Wrestlers
A comparison of the literature concerning the differences in wrestler strength-to weight (STW) ratios and the physical effects of weight loss.
Presenters: Timothy Baghurst, Oklahoma State University
Room: Nigh University Center 320C

12:20-Lunch
Join your colleagues for lunch in Legends(2nd floor, Buddy’s(north end of campus or the Food Court located on the 2nd floor of the NUC
12:20-1:10

**JRFH/HFH Luncheon (Invitation only)**
Special invitation to our JRFH/HFH Event Coordinators to join Jennifer Jones from the American Heart Association, Brandy Miller, AHA Eastern OK youth Market Director, Bob Christenson, OAHPERD President, and Beth Moakley, OKC.
Facilitators: Bob Christenson and Beth Moakley
Room: NUC 326

12:20-1:10

**Past Presidents’ Luncheon (Invitation only)**
Facilitators: Jerel Cowan, Trey Cone, and Donna Cobb
Room: Nigh University Center Room 423

1:15-2:10

**PE is a Balancing Act**
Using cutting edge equipment to engage all students at all levels. We will address: core, muscular endurance/strength, and balance training using IndoBoards and Slacklines.
Presenter: Jason Busche, 2013 NASPE National Middle School Teacher of the Year, Northwestern Oklahoma State University
Room: Wantland Hall Gymnasium

1:15-2:10

**Leadership and Advocacy in and for Physical Education**
Participants will receive training on how to advocate and lead to help promote Physical Education in their districts and communities.
Presenter: Stephanie Canada-Phillips, UCO
Room: Nigh University Center 314

1:15-2:10

**“Snack It Up”**
This presentation will discuss snacking and performance, nutrition needs of the athlete, and easy snack ideas for the busy athlete.
Presenter: Kim Quigley, RD, University of Central Oklahoma
Room: Nigh University Center 301
1:15-2:10
**How to Pair Reading and Movement**
With literacy being the main concern in Oklahoma education today, this presentation will demonstrate Elementary Physical Education activities that address Common Core Standards for Literacy.
Presenters: Susan McLemore, UCO and Mike Franz, Oakdale Schools
Room: Nigh University Center Ballroom A

1:15-2:10
**Hurdles, Hardships, and Hazards of Non-Traditional Students**
The speakers will explore the transition issues from the business world to college life of the non-traditional student.
Presenters: Joey Howard and Vanessa Fiaud, West Texas A&M University
Room: Nigh University Center 300

1:15-2:10
**Review of High-Intensity Interval Training (HIT)**
Presentation will review the research literature examining the effectiveness of HIT. Topics covered will include the health benefits of HIT, comparisons between traditional continuous aerobic exercise (CT) and HIT, and the optimal intensity and volume. Additionally, the question as to whether HIT can replace CT.
Presenter: Mike Reed, Southeastern Oklahoma State University
Room: Nigh University Center 320B

1:15-2:10
**Just Flip It: Roundtable Discussion**
This session will explore methods for flipping secondary personal health classrooms. Bring your ideas to share with participants.
Presenters: Kathy Hixon, Vanessa Anton, Dee Gerlach, and Tia Bennett, NSU
Room: Nigh University Center 304

1:15-2:10
**Orienteering**
Hands on overview of orienteering. Skills learned and practiced include compass reading, map reading, and basic land navigation.
Presenter: Paul Hummel, SWOSU
Room: Nigh University Center Ballroom C
2:20-3:15
**PE is a Balancing Act Part 2**
Using cutting edge equipment to engage all students at all levels. We will address: core, muscular endurance/strength, and balance training using IndoBoards and Slacklines.
Presenter: Jason Busche, 2013 NASPE National Middle School Teacher of the Year, Northwestern Oklahoma State University
Room: Wantland Hall Gymnasium

2:20-3:15
**Common Core and Teaching Academic Vocabulary in Physical Education**
Participants will receive training on implementing Marzano and Pickering’s (2005) method for building academic vocabulary within the physical education context.
Presenter: Stephanie Canada-Phillips, UCO
Room: Nigh University Center 301

2:20-3:15
**Archery in the School Comes to Physical Education Class**
The Archery in the Schools Program offered through the Oklahoma Wildlife Department hits the bulls-eye in meeting the physical education needs of students.
Presenters: Peggy Morrow and Rachel Hughes, Jenks Schools
Room: Nigh University Center 314

2:20-3:15
**Schools for Healthy Lifestyles: Shake It Up!**
The presentation will be an overview of Schools for Healthy Lifestyles, a statewide school health program. Topics will include the application process, evaluation, and schools success stories.
Presenter: Lindsi Lemons, MPH, Schools for Healthy Lifestyles
Room: Nigh University Center 300

2:20-3:15
**Ballroom Dance for Elementary Students**
Combine music and movement… come join the fun and learn some ballroom dance geared for elementary students.
Presenter: Kelly Worthy, Stillwater Schools, 2012 OAHPERD Elementary TOY
Room: Nigh University Center Ballroom C
2:20-3:15  
**Bowler’s Education- A Lane of New Opportunities**  
Teach America’s #1 participation sport- Bowling! The Bowling Foundation’s FREE curriculum and instructional video makes teaching bowling easy. Curriculum includes activities that reinforce fitness, math, spelling, nutrition, and more! Your students will love it and so will you!  
Presenter: Dicki Ward, Oklahoma Bowling Centers Association  
Room: Nigh University Center Ballroom A

2:20-3:15  
**PE on-Line, Really?**  
Participants will explore how on-line courseware can be utilized in the Physical Education program. The session will share unique, on-line health and fitness materials and resources that will enhance traditional Physical Education curriculum. It will show how to use on-line courseware in a blended environment or as independent study and how you can help students make the connection from what is learned in PE class to personal (out-of-school) time as well as building awareness and encouraging utilization of other community resources to support personal fitness and health.  
Presenter: Jabet Wheeler, Focused Fitness  
Room: Nigh University Center 320B

2:20-3:15  
**Effort and Participation in Physical Education Grading**  
Presented will be discussion on why physical educators include effort and participation as part of a student’s grade, and how it’s negatively impacting the profession.  
Presenter: Timothy Baghurst, OSU  
Room: Nigh University Center 320C

2:20-3:15  
**Careers in State and Federal Parks and Wildlife**  
Join us for an exploration of career options with a variety of state and federal parks and wildlife agencies.  
Presenter: Chad Kinder, SWOSU  
Room: Nigh University Center 304

*See you at the 2014 OAHPERD Convention!*